

Ilm Essentials

Tahārah Lesson 7

Obligatory Acts of Ghusl

فَرَائِضُ الْغُسْلِ

The Verse of Ghusl

3

- “O you who believe, when you stand for prayer, wash your faces, (wash) your arms to the elbows, wipe your heads, and (wash) your feet to the ankles.
- ▣ “And if you are in a state of major ritual impurity (junub) then purify yourselves thoroughly” (Quran 5:6)

3 Fard of Ghusl

4

- Rinsing the entire mouth
 - ▣ Water must also reach the surface of the teeth
 - Ensure food is not stuck in the teeth
 - What about braces
- Rinsing the nasal passages to the soft bone
 - ▣ The fasting person should take care during these 2 acts to ensure water does not reach the throat
 - If water enters the throat unintentionally
 - Fast will break and need to be made-up later

3 Fard of Ghusl

5

- Washing the entire body once
 - ▣ Just as in wudū, water must reach all the areas which need to be washed
 - Interior of the naval
 - Inside of a hole or piercing which has not closed
 - Inner part of the ears
 - All of the hair, including the roots
 - Under the folds of the skin
 - ▣ The skin beneath thick hair must also be washed
 - This differs from wudū
 - ▣ Women should open their hair when washing
 - Except for braids/plaits for women only
 - Do not need to be opened
 - Provided the water reaches the roots (i.e. the scalp)

Sunnah Acts of Ghusl

سُنَنُ الْغُسْلِ

Sunnahs of Ghusl

7

- Intention
- Beginning with the name of Allah
 - ▣ “In the name of Allah, the Most Beneficent, the Most Merciful”
- Washing both hands to the wrists in the beginning
- Washing the private parts
 - ▣ Even if they are free from filth
- Washing off any physical impurity from the body
 - ▣ So that it does not spread during the ghusl

Sunnahs of Ghusl

8

- Performing wudū
 - ▣ Delaying the washing of the feet if you are in a place where water accumulates
- Beginning by pouring water over your head
 - ▣ Then the right shoulder
 - Then the left shoulder
- Pouring water over the entire body thrice
- Rubbing the body while washing

Mustahabb & Makrūh Acts of Ghusl

9

- Mustahabb acts of ghusl are similar to those mentioned for wudū, except
 - ▣ Disliked to face/put your back toward the Qiblah
 - Because your awrah (nakedness) is exposed
 - ▣ Disliked to speak (even if for dhikr or duā)
 - Because it is a time of washing away filth
 - ▣ Preferable to minimize the time you are naked
 - Find the most secluded place for ghusl

A Complete Ghusl

Performing a Complete Ghusl

11

- ❑ Remove anything which may restrict water from reaching the required areas
- ❑ Select a clean, private area
 - ▣ Where you can avoid the Qiblah
- ❑ Make an intention
 - ▣ Together with the basmalah
- ❑ Wash your hands
- ❑ Wash your private parts
 - ▣ Be careful to remove any impurities

Performing a Complete Ghusl

12

- Wash off any impurity from the body
- Perform wudū
 - ▣ Just like you would for salāh
 - Ensure that the mouth and nose are rinsed properly
- Remove your clothing and enter the shower
 - ▣ Try to minimize your nakedness

Performing a Complete Ghusl

13

- Pour water over your entire body thrice
 - ▣ Start by pouring water over the head
 - Then over the right shoulder
 - Then over the left shoulder
 - Can be fulfilled by standing under the shower
- Rub the body while washing to ensure no area remains dry
 - ▣ Only needs to be done with the first washing
- Dry off using a towel
 - ▣ Or allow the limbs to dry on their own
- Recite the duās for wudū
- Perform tahiyyat al-wudū

The Categories of Ghusl

Fard, Sunnah and Mustahabb

When Ghusl is Fard

15

- Ghusl is fard for that person who is in a state of major ritual impurity, but desires to
 - ▣ Perform any salāh, either obligatory or voluntary
 - Be it a fard, wājib, sunnah or nafl prayer
 - Including the janāzah salāh (funeral prayer)
 - ▣ Perform sajdah tilāwah (the prostration of recitation)
 - Sajdah shukr (the prostration of thankfulness)
 - ▣ Touch or recite the Holy Quran
 - Even if from memory
 - Can still recite the sunnah duās from the Quran
 - ▣ Enter a masjid (but not a musallā)

When Ghusl is Fard

16

- Ghusl is fard for that new Muslim who wishes to perform any of the mentioned actions
 - ▣ Ghusl is not a condition for entry in to Islām
- For the deceased before burial
 - ▣ This is a fard kifāyah (communal obligation)

When Ghusl is Sunnah

17

- Ghusl is sunnah for
 - ▣ Jum'ah prayer
 - Not for the day of jum'ah
 - ▣ The 2 Eid prayers
 - ▣ Entering the state of ihrām
 - This ghusl is for both purity and cleanliness
 - Women in their menses/nifās should also perform it
 - ▣ On the day of Arafah
 - For the one performing Hajj

When Ghusl is Mustahabb

18

- Ghusl is mustahabb
 - ▣ After washing a dead body
 - ▣ When entering Madīnah
 - Also when visiting the Prophet (sallallahu alaihi wa sallam)
 - ▣ When entering Makkah
 - ▣ When recovering from faintness, insanity or intoxication
 - ▣ When repenting from sin
 - ▣ For Laylat al-Qadr and Laylat al-Barā'a (15th of Sha'bān)

Various Issues

19

- Ghusl removes both major and minor ritual impurity
- Soap or other cleansers are not needed for ghusl
 - ▣ Good to use since they enhance the cleansing
- During ghusl try to minimize your nakedness

Various Issues

20

- If any area is left dry during ghusl
 - ▣ And realized thereafter
 - Only that area needs to be washed
 - Entire ghusl does not need to be performed anew
- The Prophet (sallallahu alaihi wa sallam) would use a few liters of water during ghusl
- While ghusl may be delayed
 - ▣ Preferable to perform it as soon as you can
- A single ghusl can suffice for multiple acts

Various Issues

21

- A state of major ritual impurity does not restrict the fast
- If you need to perform ghusl, but desire to eat, drink, sleep or have relations
 - ▣ Preferred that you perform wudū first
- Permissible, without dislike, to sleep in a state of major ritual impurity
 - ▣ Superior to perform ghusl first
 - If not, then wudū
 - If not, then at least wash the private parts

Various Issues

22

- If you need to perform ghusl, but do not have enough time before the prayer ends
 - ▣ Still must make ghusl first and then offer the prayer
 - Not permissible to pray without ghusl or perform tayammum

The Causes of Major Ritual Impurity

Age Notice

24

- Any student under the age of 18 should not move forward in the slides until they get their parents permission
- ▣ While the forthcoming material is extremely important to know
 - Your parents will know best how much of it you are ready to know about
- You can share these slides and the recording with them so they can decide how best to move forward

Actions Which Cause Janābah

25

- The emission of sperm/female ejaculate from its origin (i.e. the spinal column) with excitement, irrespective of intercourse
 - ▣ For example night emission (wet dream) or masturbation or ejaculation through thinking or looking
 - For both men and women
 - ▣ “With excitement (shahwah)” refers to the exiting from its origin, not from the private parts
 - So excitement is not a requirement at the time of emission
 - Therefore any left over emission that exits after performing ghusl will obligate one to repeat the ghusl
 - 3 ways to clear the system
 - ▣ If semen exits due to a sickness, injury or physical exertion
 - Ghusl is not mandatory
 - ▣ Masturbation is absolutely harām (1 very rare exception)

Actions Which Cause Janābah

26

□ Intercourse

- ▣ Defined as the insertion of the tip of the penis into the front or back of any living person
 - Enters both parties into the state of janābah
 - Irrespective of ejaculation
- ▣ Not permissible to involve the back passage in any sexual act

Actions Which Cause Janābah

27

- Discovering evidence of ejaculation after waking from sleep
 - ▣ Even though one does not remember a sexual dream
 - Ghusl is not necessary for one who has a sexual dream
 - But upon waking does not find any evidence of ejaculation
- Menstruation (hayd)
- Post-childbirth bleeding (nifās)
- All of these would also apply even if they occurred before accepting Islām

Actions Which Do Not Cause Janābah

28

- Pre-seminal fluid (madhy)
 - ▣ Thin, clear fluid caused by sexual arousal
 - Occurs for both men and women
 - Impure and causes a state of minor ritual impurity
- Prostatic fluid (wadhy)
 - ▣ Thick, white fluid that usually exits before/after urination or due to exertion
 - More common for men than women
 - Impure and causes a state of minor ritual impurity

Actions Which Do Not Cause Janābah

29

- A sexual dream without any wetness or sign of emission
- The insertion of a finger or other object into the front or back passage of the private parts
 - ▣ Irrespective of whether during sexual activity or medical examination

Recommended Reading

30

- The Laws of Menstruation, Postnatal Bleeding and Dysfunctional Bleeding
- Masjid or Musalla
 - ▣ Both by Muftī Abdur-Rahmān ibn Yūsuf
 - Available in the Student Section
- Islamic Guide to Sexual Relations by Muhammad ibn Adam Al-Kawthari
 - ▣ Available from local and online bookstores
 - ▣ <http://www.meccabooks.com/>
 - ▣ <http://www.al-rashad.com/>

Questions and Discussion

31