

# Ilm Essentials

## Sawm Lesson 2

# Nullifiers of the Fast

# Nullifiers of the Fast

3

- Anytime a fast is broken
  - ▣ Making it up (qadā) will be fard
    - In certain situations kaffārah (expiation) will also be necessary
- Fast is broken by anything reaching the stomach or the brain
  - ▣ Through the usual entry ways
    - Mouth, nose and rectum
  - ▣ This is the general rule, some exceptions

# Nullifiers Requiring Qadā Only

4

- Accidentally eating
  - ▣ Even a grain of rice, dough, salt, some paper, cotton or any amount of toothpaste
    - Accidentally means that you remember you are fasting
      - But broke the fast by your own doing without the intention to purposely break the fast
- Accidentally drinking
  - ▣ Even if only a drop of rain or snow
    - Or a tear or drop of sweat
      - Provided you taste the saltiness in the mouth
  - ▣ Includes accidentally drinking when rinsing the mouth
    - Or ingesting water while rinsing the nose
- Accidentally having relations
- Swallowing a pebble, soil or sand
  - ▣ Or anything else which is not digestible

# Nullifiers Requiring Qadā Only

5

- Using a nose spray or drops
  - ▣ Because it will go down the throat
- Having anything forced down your throat
  - ▣ For example by a child sticking their fingers in your mouth
- Dripping oil or medicine into the ear\*
  - ▣ Provided it goes beyond the ear drum
    - Water which enters the ear will not break the fast
- Swallowing blood from the gums or cheeks
  - ▣ Provided the color of the blood is more than the saliva with which it is mixed (i.e. saliva becomes red or pink)
    - If the saliva is yellow or clear, the fast does not break
  - ▣ Or if you can taste the blood

# Nullifiers Requiring Qadā Only

6

- Being coerced or forced to break your own fast
- Eating, drinking or having relations deliberately
  - ▣ After its occurrence forgetfully
- Eating that which is between your teeth
  - ▣ Provided it is the measure of a chickpea or more
    - If it is less, and you take the food out of the mouth and then eat it
      - Your fast will break

# Nullifiers Requiring Qadā Only

7

- Eating suhūr or having relations thinking Fajr had not started
  - ▣ When in reality it did
- Breaking the fast thinking that the sun has set
  - ▣ When in reality it did not

# Nullifiers Requiring Qadā Only

8

- Ejaculation caused by physical contact or touching
  - ▣ Even if just by hugging or kissing someone
    - Includes masturbation
- Intentionally inhaling smoke, dust, steam, etc.
  - ▣ Provided it was without enjoyment or benefit
    - With enjoyment or benefit may also require kaffārah
  - ▣ Applies to anything with a perceptible body
- Using an inhaler for asthma



# Nullifiers Requiring Qadā Only

9

- Inserting anything moist (water, cream, oil)
  - ▣ Into the rectum of a man or woman
    - Or the inner part of a woman's private area\*
      - Provided it went in the distance of a suppository
- Inserting anything solid, such as cotton or a tampon
  - ▣ Into the rectum of a man or woman
    - Or the inner part of a woman's private area\*
      - To such an extent that it disappears

# Nullifiers Requiring Qadā Only

10

- Inserting anything dry
  - Into the rectum of a man or woman
    - Or the inner part of a woman's private area\*
  - Removing it and then re-inserting

# Nullifiers Requiring Qadā Only

11

- Intentionally vomiting a mouthful or more
  - ▣ Regardless of whether it is swallowed or not
    - Intentionally vomiting less than a mouthful will not break the fast
      - Mouthful is defined as that amount which you cannot hold except with effort
- Unintentionally vomiting a mouthful or more
  - ▣ Which is then intentionally swallowed
- Morning sickness generally will not break the fast

# Nullifiers Requiring Qadā & Kaffārah

12

- Performance of any of the following will require both qadā and kaffārah
  - ▣ Provided it is done willingly, purposefully and without a valid excuse
    - During a current Ramadān fast
  - ▣ Kaffārah will not apply to any other type of fast
    - Not even for the qadā of Ramadān

# Nullifiers Requiring Qadā & Kaffārah

13

- Eating or drinking anything of nutritional value or for medicinal purposes
- Intentionally inhaling anything with a perceptible body
  - ▣ Provided it was done for enjoyment or benefit
    - For example smoking
      - Or purposefully walking through a smoking section and inhaling

# Nullifiers Requiring Qadā & Kaffārah

14

- Penetration in the front or back side corrupts the fast of both people
  - ▣ Regardless of ejaculation
    - Ejaculation through any other means will only require qadā
- Swallowing the saliva of your spouse or partner with desire or passion
  - ▣ But not anyone else

# Kaffārah and Its Fulfillment

15

- Kaffārah for a single fast during Ramadān is
  - ▣ The freeing of a slave
    - Either Muslim or non-Muslim
  - ▣ Fasting 60 days consecutively
    - These 60 days should be such that the 5 harām days of fasting do not come within them
      - If you started anyways and fasted on the day of Eid
        - The fast would not count and you have to start anew

# Kaffārah and Its Fulfillment

16

- Only excuse to break the 60 fasts and then continue after is for a woman who begins her menses or nifās
  - ▣ If anyone started the 60 days
    - But then becomes sick or travels in between
      - They must either fast or will have to start anew



# Kaffārah and Its Fulfillment

17

- If one cannot fast 60 days
  - ▣ Give 60 poor people each half a sā' (4.85 lbs) of wheat or wheat-flour
    - Or one sā' (9.7 lbs) of dried dates, raisins or barley
      - Or the cash value of any of these
- Likewise he can feed to satiety the same 60 poor people for 2 meals each
  - ▣ Or feed a single person 2 meals a day for 60 days

# Kaffārah and Its Fulfillment

18

- A single kaffārah is sufficient for several offences
  - ▣ Provided one has not performed a kaffārah between the offenses
    - Because kaffārah is supposed to act as a deterrent
- Best to check with a scholar/muftī when kaffārah is a possibility

# Questions and Discussion

19